

GRADUATE YEAR BOOK GLOBAL PROGRAM 2019

Showcasing our Graduate Coaches from around the world





Delores McWilliam



Nancy Wattie



Will Chambers



Photinee Thomson



Gary Moore



Marie Holive



Dymphna Ormond



Nathan Johnston



Andrea Bruns



Catalina Neacsu



Maria Spanou



John Holden



Sarah Shokraie



L'Shawn Howard



David Long



Giulia Villirilli



Helena Nord



Daniela Croitoru



Samantha Castro



Bar Schwartz



Gemma McFall



Lea Weyermann Lozar



Katia Melazzi



Ciprian Negura



Meriham Ghazal



Clotilde Vassal



Sigrid Rapp



Minpreet Jongkees



Sibel Benmayor



Sunil Chhibar



Elena Carella



Kris Talynn



Lisa Diaz



Mary Holtschneider



Lauren Flaherty



Halina Matsarskaya



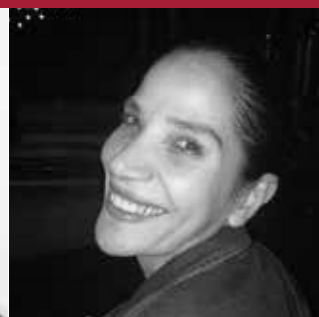
Merete Mace



Ghaya Al Barwani



Mihoko Kobayashi



Maria Martins



Jessica Softcheck



Nurhaida Rahim



Florence Reisch



Ulla Willner



Michael Seelman



Donna Jackman Wilson



Ivana Krcivoj



Robyn Goddard



Jasrin Singh



Amanda Olender



Priya Lakshmi



Dina Kassymbekova



Laura Sheehan



Maria Margarit



Shruti Sridhar Murthy



Thierry Lacarne



Megan Bautista



Mara Masi



Sophie Barcant



Sofia Leone



Riccardo Mereu



Kincso Biro



Julie Pressnell



Lydia Gayino



Natalie Beauchamp



James Rosseau



Carolyn Castleberry-Hux



Yun Ju Ruby Ma



George Goh



Theano Kalavana



Ting Ting, Kat Chan



Katharina Von Knobloch



Deborah Shipley



Min Liu



Dianne Ward



Elena (Yixin) Chen



Michelle Jewell



Dinko Barbalic



Shannon Kiprich



Florence Adu



Karina Guareschi



Bridgette Reynolds-Perry



Amal Massis



Caroline Drake



Jessica Kosine



Tineke Tammes



Mary Kathryn Marcom



Shripad Ranade



Natalia Pliszcak



Anamarie Ciobanu



Isha Reuben-Theodore



Lashley Pulsipher



Katharine Britt



Ju Yang



Erica Cote



Frosina Mitrovska



Shauna Vassell



Maria Tsangaridou



Rakael Carr



Csilla-Maria Barta



Bana Biri



Vivian Theodoropoulou



Scott Berry



Elizabeth Tuleja



Vladimir Bog



Angelica Suzzi



Paul Chang



Cecile Chevereau



Mindy Greenberg



Leslie Yong Kah Hong



Heba Zayan



Ramesh Tarani



Marie Camille Toulononde



Victoria Vakova



Angela Zhang



Sophie Liao



Ellen Zhang



Pearl Bu



Lin Lin



Susan Zhang



Reny Hong YanHong Xiao Tracy Wu Karen Wu Lei Zhong



Xin Chen Joal Annie Yang Serena Wang



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YOU THINK

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GRADUATE COACHES

The following students completed and graduated from a training program at International Coach Academy in 2019.

ADVANCED PROGRAM

Ghaya Al Barwani, Corporate Coach, OMAN
Natalie Beauchamp, Transformational Coach, CANADA
Katharine Britt, Life Coach, UNITED STATES
Cecile Chevereau, Life Coach, GERMANY
Sunil Chhibar, Executive Coach, INDIA
Marie Holive, Executive Coach, UNITED KINGDOM
L'Shawn Howard, Academic Coach, JAPAN
Mary Kathryn Marcom, Life Coach, UNITED STATES
Halina Matsarskaya, Leadership Coach, UNITED STATES
Gemma McFall, Expat Coach, SRI LANKA
Delores McWilliam, Christian Life Coach, CANADA
Nurhaida Rahim, Life Coach, SINGAPORE
Bridgette Raynolds-Perry, Transitional Coach, UNITED STATES
Florence Reisch, Life Coach, UNITED ARAB EMIRATES
Michael Seelman, Executive Coach, UNITED STATES
Maria Tsangaridou, Confidence Coach, CYPRUS
Ulla Willner, Business and Personal Strategy Coach, LUXEMBOURG
Ju Yang, Life Coach, SWITZERLAND

CERTIFIED PROGRAM

Florence Adu, Life Coach, GHANA
Csilla-Maria Barta, Life Coach, ROMANIA
Megan Bautista, Life Coach, AUSTRALIA
Sibel Benmayor, Perspectives Coaching, UNITED STATES
Scott Berry, Life Coach, THAILAND
Bana Biri, Coach for Women from the Middle East, CANADA
Kincso Biro, Leadership Coach, GERMANY
Vladimir Bog, Business Coach, ROMANIA
Rakael Carr, Leadership/Financial Coach, UNITED STATES
Sylvie Carriere, Life Coach, FRANCE
Carolyn Castleberry-Hux, Executive Coach, UNITED STATES

CERTIFIED PROGRAM (cont.)

Samantha Castro, Transformational Coach, THAILAND
Will Chambers, Business Coach (Sales & Marketing), CANADA
Paul Chang, Coach for Millennials in Business, CANADA
Ting Ting Kat, Chan, Career Coach, SINGAPORE
Elena (Yixin) Chen, Leadership Coach for Growth Driven Professionals, UNITED STATES
Maaïke Christie-Beekman, Artpreneur Coach, NEW ZEALAND
Anamarie Ciobanu, Leadership and Career Coach, ROMANIA
Erica Cote, Transformational Coach, UNITED STATES
Lisa Diaz, Leadership Coach, UNITED STATES
Lauren Flaherty, Life Coach, UNITED STATES
Gabrielle Gaillard, Health/Pain Management Coach, UNITED STATES
Lydia Gayino, Women Empowerment & Leadership Coach, FRANCE
Meriham Ghazal, Youth & Career Coach, EGYPT
Robyn Goddard, Executive Coach, UNITED STATES
Mindy Greenberg, Executive Coach, UNITED STATES
Karina Guareschi, Business Coach, Executive Coach, UNITED KINGDOM
John Holden, Executive Coach, SINGAPORE
Mary Holtschneider, Healthcare Professionals, UNITED STATES
Donna Jackman Wilson, Life Coach for Women, TRIJNIDAD AND TOBAGO
Michelle Jewell, Executive and Leadership Coach, UNITED STATES
Nathan Johnston, Educational Leadership Coach, UNITED STATES
Theano Kalavana, Business Coach, CYPRUS
Dina Kassymbekova, Life Coach, MACEDONIA
Shannon Kiprich, Expat Coach, ESTONIA
Mihoko Kobayashi, Leadership Coach, JAPAN
Jessica Kosine, Life Coach, UNITED STATES
Ivana Krcivoj, Life Coach, CROATIA
Minpreet Jongkees, Education Support Coach, AUSTRALIA
Priya Lakshmi, Leadership and Life Coach, BAHRAIN
Sofia Leone, Life Coach for Young People, ITALY
Margot Ling, Performance and Empowerment Coach, HONG KONG
Min Liu, Cross Culture Coach, Business Coach, CHINA
David Long, Leadership/Executive Coach, UNITED STATES
Amal Massis, Life Coach, PALESTINIAN TERRITORIES
Frosina Mitrovska, Personal Development Coach, NEATHERLANDS
Merete Mace, Trauma Recovery Coach, UNITED STATES
Maria Margarit, Spiritual Coach, ROMANIA

CERTIFIED PROGRAM (cont.)

Maria Martins, Life Coach, COSTA RICA
Gary Moore, Agile & Life Coach, UNITED STATES
Catalina Neacsu, Life Coach, ROMANIA
Ciprian Negura, Executive Coach, ROMANIA
Helena Nord, Life Coach, DENMARK
Amanda Olender, Life Coach, UNITED STATES
Dymphna Ormond, Executive Coach, IRELAND
Natalia Pliszcak, Life Coach, SWITZERLAND
Julie Pressnell, Life & Financial Advisor Coach, UNITED STATES
Lashley Pulsipher, Leadership Coach, UNITED ARAB EMIRATES
Shripad Ranade, Leadership Coach, INDIA
Isha Reuben-Theodore, Business Coach, TRINIDAD AND TOBAGO
James Rosseau, Executive Coach, UNITED STATES
Yun Ju Ruby Ma, Life Purpose Coach, TAIWAN
Tineke Tammes, Career Coach, UNITED KINGDOM
Paraskevi Theodoropoulou, No Limits Coach, FRANCE
Elizabeth Tuleja, Global Leadership/Cross-Cultural Management, CHINA
Terre Short, Executive Coach, UNITED STATES
Photinee Thomson, Executive Coach, UNITED STATES
Bar Schwartz, Executive & Leadership Coach, GERMANY
Laura Sheehan, Career Coach, JAPAN
Deborah Shipley, Career Coach, UNITED STATES
Sarah Shokraie, Personal Growth Coach, CANADA
Jasrin Singh, Executive and Life Coach, SINGAPORE
Maria Spanou, Life-Stage Coach, CYPRUS
Shruti Sridhar Murthy, Leadership Coach, INDIA
Kris Talynn, Success Coach, UNITED STATES
Emily Tevault, Professional Development Coach, UNITED STATES
Marie Camille Toulononde, Career Transition & Expat Coach, THAILAND
Victoria Vakova, Career Coach, BULGARIA
Thomas Varghese, Executive Coach, INDIA
Clotilde Vassal, Transition and Expat Coach, FRANCE
Shauna Vassell, Leadership and Career Coach, CANADA
Katharina Von Knobloch, Expat Partner Coach, UNITED STATES
Dianne Ward, Executive Coach, UNITED STATES
Lea Weyermann Lozar, Business Coach, SWITZERLAND
Heba Zayan, Youth Life Coach, EGYPT

CERTIFIED BRIDGING PROGRAM

Andrea Bruns, Life and Career Coach, GERMANY

George Goh, Career Coach, SINGAPORE

Ramesh Tarani, Life & Career Coach, SINGAPORE

Leslie Yong Kah Hong, Career Coach, SINGAPORE

VOCATIONAL PROGRAM

Sophie Barcant, Parenting Coach, TRIJNIDAD AND TOBAGO

Daniela Croitoru, Executive Coach, ROMANIA

Thierry Lacarne, Executive Coach, HONG KONG

Jessica Softcheck, Goal Coach, UNITED STATES

Nancy Wattié, Life Performance Coach, FRANCE

WORKPLACE COACHING

Charity Crawford, Healthcare Recruiter Coach, UNITED STATES

Kellie Lynch, Career Coach, UNITED STATES

CHINESE ADVANCED PROGRAM

张英莉 (Ellen Zhang), Executive Coach, CHINA (Bilingual Program)

卜雲超 (Pearl Bu), Life Coach, Transformation Coach, CANADA (Bilingual Program)

CHINESE CERTIFIED PROGRAM

陈鑫 (Xin Chen), Business Coach, Life Coach, CHINA (Bilingual Program)
劉泓驿 (Joal), Transformational Coach, CHINA
廖莹 (Sophie Liao), Career Coach, CHINA (Bilingual Program)
琳林 (Lin Lin), 高管教练 组织发展教练, CHINA
Ruyang (Reny Hong), 对人保有兴趣和热忱, CHINA
王海鸥 (Serena Wang), Life Coach, CHINA (Bilingual Program)
吴京凡 (Tracy Wu), Women's Empowerment Coach, CHINA (Bilingual Program)
肖燕红 (YanHong Xiao), Life Coach, CHINA (Bilingual Program)
钟蕾 (Lei Zhong), Career Coach, CHINA (Bilingual Program)
张元谊 (Susan Zhang), Business Coach, CHINA (Bridging Program)
巫卫江 (Karen Wu), 正念的教练状态, CHINA
杨静娴 (Annie Yang), Transformational Coach, CHINA
张晓昱 (Angela Zhang), Career Coach, CHINA

ITALIAN CERTIFIED PROGRAM

Alessandra Ingrosso, Leadership and Transition Coach, SWITZERLAND
Angelica Suzzi, Wellness Coach, ITALY
Dinko Barbalic, Transformational Coach, UNITED STATES
Elena Carella, Life Coach, ITALY
Giulia Villirilli, Leadership/Transformational Coach, GERMANY
Katia Melazzi, Executive & Leadership Coach, SINGAPORE
Mara Masi, Public Administration Coach, ITALY
Riccardo Mereu, Business Coach & Career Change, ITALY

ITALIAN WORKPLACE PROGRAM

Francesca De Fiorido, Workplace Coach, ITALY
Luca Salvini, Potential Coach, ITALY

FLORENCE ADU

Life Coach, GHANA



My most memorable moment was arranging and meeting up with a fellow ICA student I had met on a Zoom class. We met in Kenya, whilst on a business trip. I also met up with another Africa based student, who had been my Peer coach. She came to Ghana for a work assignment. We had a lovely lunch together. Forever Friends!

”

View Portfolio:
[Coach/Florence-Adu](#)

DINKO BARBALIC

Transformational Coach, UNITED STATES



I have my own coaching practice and I work with private and corporate clients. They range from employees, professionals, business owners, executives and even unemployed. I believe that anyone can change if he wants and my goal is to give to as many people as I can this chance.

”

View Portfolio:
[Coach/Dinko-Barbalic](#)

SOPHIE BARCANT

Parenting Coach, TRIJNIDAD AND TOBAGO



I have a private parenting coaching consulting practice. I also do corporate training and conduct parenting workshops. My Coach skills are very useful in making the training and facilitation more meaningful for participants.

”

View Portfolio:

Coach/Sophie-Barcant

CSILLA-MARIA BARTA

Life Coach, ROMANIA



One of the most memorable moment comes from the first day as a student at ICA. Learning that in coaching we don't give advice came as a bit of a shock to me. In my line of work giving advice, expressing an opinion, making decisions or guiding other people is an everyday activity. Shutting this off during coaching still can be a challenge, specially if the topic is one that I am familiar with.

”

View Portfolio:

Coach/Csilla-Maria-Barta

GHAYA AL BARWANI

Corporate Coach, OMAN



My most memorable moment was the time spent discovering myself through the exercises and assignments. I mainly aim to use Coaching within the Corporation I am in to enhance the development and growth of employees.

”

View Portfolio:
Coach/Ghaya-Al Barwani

MEGAN BAUTISTA

Life Coach, AUSTRALIA



Right now I would just like to incorporate coaching techniques in my current job, but I hope to practice my skills on family and friends in the hopes that I may be able to start a small side business and have a few one-on-one clients each week.

”

View Portfolio:
Coach/Megan-Bautista

NATALIE BEAUCHAMP

Transformational Coach, **CANADA**



My goal is to support my clients as they step into their courage and learn to fully embrace the life they are meant to be living and are worthy of living. ~ There is so much magic to be found within the journey ~

”

View Portfolio:

Coach/Natalie-Beauchamp

SIBEL BENMAYOR

Perspectives Coaching, **UNITED STATES**



Since the day I learned about coaching and started to study, it has been a part of my life. I value coaching and apply the principles (active listening, powerful questions...) even in my personal relations. I am working on my marketing business model and thinking about the details of building my business on stronger foundations. I have an 18 year old son with special needs and we've been through many challenges. I will coach families who are struggling.

”

View Portfolio:

Coach/Sibel-Benmayor

SCOTT BERRY

Life Coach, THAILAND



Observed coaching was the most memorable and useful part of the ICA training for me. Thank you so much for that experience! I will use my coaching skill in private practice to support clients facing a range of difficult life challenges. This is life coaching.

”

View Portfolio:
[Coach/Scott-Berry](#)

BANA BIRI

Coach for Women from the Middle East, CANADA



I loved every mentoring session we had. I believe they were invaluable. I plan to help clients build resilience.

”

View Portfolio:
[Coach/Bana-Biri](#)

KINCSO BIRO

Leadership Coach, GERMANY



My most memorable moment is linked to the ICA community. It is such a supportive safe space to grow both as a person and as a coach. I have got to know a lot of wonderful people. I am very grateful for this experience.

”

View Portfolio:
[Coach/Kincso-Biro](#)

VLADIMIR BOG

Business Coach, ROMANIA



Definitely my most memorable moment was the mentored coaching. Every class has been full of learning. For the time being I will use coaching at work, as part of my HR Director role.

”

View Portfolio:
[Coach/Vladimir-Bog](#)

KATHARINE BRITT

Life Coach, UNITED STATES



There are so many wonderful moments. The teachers and the incredible Peer Coaching relations with people from different cultures. I now so embrace and appreciate ICA. It has changed my life.

”

View Portfolio:
[Coach/Katharine-Britt](#)

ANDREA BRUNS

Life and Career Coach, GERMANY



I would like to build my own business as a life and career coach. I would like to support women in their personal or professional transition to achieve a happy, balanced and fulfilling life.

”

View Portfolio:
[Coach/Andrea-Bruns](#)

ELENA CARELLA

Life Coach, ITALY



View Portfolio:
[Coach/Elena-Carella](#)

Memorable moments are so many. I found new colleagues that are now dear friends. What has been more important to me is that I could count on the support of people who are striving to achieve the same goals. As a coachee, I learned how to cope with difficulties I face every day and I still continue my journey with good ICA student coaches. As a coach, I am learning to be patient and work in order to build up my professionalism. Let's keep on practising.

”

RAKAEL CARR

Leadership/Financial Coach, UNITED STATES



View Portfolio:
[Coach/Rakael-Carr](#)

After ICA I will use coaching in my current role as a leader in my organization. I also plan to have a private coaching practice.

”

CAROLYN CASTLEBERRY-HUX

Executive Coach, UNITED STATES



I plan to use coaching to encourage and help the clients I have the privilege to serve. I have been coaching with the Halftime Institute for about six years now. With this certification, I hope to branch out with my own business. It's called IPO, LLC - International Possibility Organization. I'll be developing my new brand and hopefully launch in January 2020.

”

View Portfolio:

[Coach/Carolyn-Castleberry-Hux](#)

SAMANTHA CASTRO

TRANSFORMATIONAL COACH, THAILAND



The observed coaching sessions had a great impact on my personal life and coaching career. I connected with amazing people with whom I am still in contact.

”

View Portfolio:

[Coach/Samantha-Castro](#)

WILL CHAMBERS

Business Coach (Sales & Marketing), CANADA



View Portfolio:
[Coach/Will-Chambers](#)

I guide those with a flair for the future and an intention to drive positive change. Supporting the transformation of innovative ideas into tangible action. Using my 'P.A.C.E.R.' method we identify current perspectives, nurture aspirations, passionately create, execute with conviction and review honestly. I empower individuals and groups around the world by blending coaching with skills learned from over a decade's experience with one of the top-three best known brands globally.



TING TING, KAT CHAN

Career Coach, SINGAPORE



View Portfolio:
[Coach/Ting Ting, Kat-Chan](#)

I am coaching my Line Managers in my workplace. I would like to develop the coaching culture within the organization.



PAUL CHANG

Coach for the Working Millennial, AUSTRALIA



View Portfolio:
[Coach/Paul-Chang](#)

After a corporate marketing career that I was neither passionate about nor particularly good at, I was very aware that I wanted, needed, to find a profession that I can do for the rest of my working life. Until I found coaching, it was a mere pipe dream. My coaching journey began with ICA, and I do not see it ending soon. Working with people gives me energy, I am excited to be able to use my softer skills in my work, and being able to witness real progress and change in others through coaching (as coaching has done for me) has been a thrill.

”

ELENA (YIXIN) CHEN

Leadership Coach for Growth Driven Professionals, UNITED STATES



View Portfolio:
[Coach/Elena \(Yixin\)-Chen](#)

I was so scared of my first mentor coaching session but it turned out to be great afterwards. I am planning to start my leadership coaching business.

”

CECILE CHEVEREAU

Life Coach, GERMANY



Every single session was memorable, a unique space of safety, care, vulnerably, deep learning and humour. I will use my coaching skills with parents and teachers.

”

View Portfolio:
[Coach/Cecile-Chevereau](#)

SUNIL CHHIBAR

Executive Coach, INDIA



The entire journey through ICA is a memorable one. Learning in classes with learned and experienced trainers proved a rich value addition. My heartfelt gratitude to ICA team for creating the best and a unique all inclusive coach training academy!

”

View Portfolio:
[Coach/Sunil-Chhibar](#)

ANAMARIE CIOBANU

Leadership and Career Coach, ROMANIA



View Portfolio:
[Coach/Anamarie-Ciobanu](#)

This coaching program has been for me a major step in my personal development. Thus, all the classes I've participated in, also labs and mentoring were very helpful and memorable. When I started the program I did not have a clear idea about what is coaching and how helpful it could be. At the end of this program I'm so happy that I had this experience and for sure I want use the best of my coaching skills to make an impact in what I'm doing. Thank you!



ERICA COTE

Transformational Coach, UNITED STATES



View Portfolio:
[Coach/Erica-Cote](#)

I plan to use coaching as a way to support business owners, organizations, and individuals to infuse their beliefs, ethics, and values into how they show up in the world. Through their business practices and how they support creating equity in the environment around them and beyond.



DANIELA CROITORU

Executive Coach, ROMANIA



View Portfolio:
[Coach/Daniela-Croitoru](#)

In my opinion the whole experience as a student at ICA was an interesting one, because I had the opportunity to study both in the mother tongue thanks to ICA Balkans and in English in the international community. I also had the opportunity to benefit from the intercultural diversity of both mentors and students. It was an extraordinary opportunity to share our experiences, to learn from others, to see interesting perspectives in this profession. Thank you ICA!

”

LISA DIAZ

Leadership Coach, UNITED STATES



View Portfolio:
[Coach/Lisa-Diaz](#)

I plan to add coaching as part of my consulting business to better support and serve my clients. My focus will be education and non-profit leaders. I will support the leaders I work with in helping them, and in turn, their organizations reach their greatest impact.

”

CAROLINE DRAKE

Leadership Coach, UNITED STATES



I plan to coach individuals as well as teams in various settings. I hope to utilize the skills I've gained from coaching to provide retreats where individuals come together to do deep inner work in community.

”

View Portfolio:
[Coach/Caroline-Drake](#)

LAUREN FLAHERTY

Life Coach, UNITED STATES



The observed coaching experience was my most memorable experience at ICA. Our group spent five weeks supporting each other and learning from one another. Our trainer created an environment where we welcomed the feedback and believed we could only get better and better. I can't believe the strong connections I made with friends around the world who I have only met virtually.

”

View Portfolio:
[Coach/Lauren-Flaherty](#)

LYDIA GAYINO

Women Empowerment & Leadership Coach, FRANCE



So many memorable moments, the observed coaching was really insightful and built closer friendship among the group. I will open my business as a coach and trainer.

”

View Portfolio:
[Coach/Lydia-Gayino](#)

MERIHAM GHAZAL

Youth & Career Coach, EGYPT



I am using my coaching skills in my role as HR director.

”

View Portfolio:
[Coach/Meriham-Ghazal](#)

ROBYN GODDARD

Executive Coach, UNITED STATES



I plan to be an advocate to others to allow them to explore avenues of success.

”

View Portfolio:

[Coach/Robyn-Goddard](#)

GEORGE GOH

Career Coach, SINGAPORE



I am a full time Career Coach for the past three years. I find my job extremely fulfilling, being able to touch and impact lives. My PCC skills will certainly make me a more effective coach and bring more value to my coaching skills. The real beneficiaries of my upgraded coaching skills are my clients, who will benefit even more from what I am better able to offer them as their coach.

”

View Portfolio:

[Coach/George-Goh](#)

MINDY GREENBERG

Executive Coach, UNITED STATES



My memorable moment is a lab taught by Lorna on Powerful Questions. She did a coaching session with someone on the call, and would pause every couple of minutes to crowdsource the next question. It was fascinating.

”

View Portfolio:
[Coach/Mindy-Greenberg](#)

KARINA GUARESCHI

Business Coach, Executive Coach, UNITED KINGDOM



My most memorable moment was looking back and seeing how far I've gone and how much I've learnt. I'm very grateful.

”

View Portfolio:
[Coach/Karina-Guareschi](#)

JOHN HOLDEN

Executive Coach, SINGAPORE



I am a Certified Professional Coach, specialising in Executive Coaching, Leadership Consulting & Facilitation, Family Business Advisory, Nature Based Coaching®.



View Portfolio:
[Coach/John-Holden](#)

MARIE HOLIVE

Executive Coach, UNITED KINGDOM



I continue to coach senior executives across different industries and geographies, supporting them to perform at their best and achieve their aspirations. I am also a part-time MBA coach at London Business School, supporting students to switch career or accelerate their career.



View Portfolio:
[Coach/Marie-Holive](#)

MARY HOLTSCHNEIDER

Healthcare Professionals, UNITED STATES



I loved Peer Coaching and the opportunity to connect with others! I am incorporating coaching into my current job in training and development.

”

View Portfolio:

[Coach/Mary-Holtschneider](#)

LESLIE YONG KAH HONG

Career Coach, SINGAPORE



The most memorable moment for me is when I received a personal warm compliment from my peer coachee after a mentor coaching session. This has affirmed my belief that I am into coaching to make a difference in people's lives.

”

View Portfolio:

[Coach/Leslie-Yong Kah Hong](#)

L'SHAWN HOWARD

Academic Coach, JAPAN



I am going to help English language teachers and students clarify their goals to create satisfying careers.

”

View Portfolio:

Coach/L'Shawn-Howard

ALESSANDRA INGROSSO

Leadership and Transition Coach, SWITZERLAND



I plan to help professionals ready for a new direction to feel excited about their work and life again. I support passionate people to understand their true goals, work with their strengths, and get the best out of their environment at work, or make a change to live life according to their values.

”

View Portfolio:

Coach/Alessandra-Ingrosso

MICHELLE JEWELL

Executive and Leadership Coach, UNITED STATES



View Portfolio:
[Coach/Michelle-Jewell](#)

Initially, I plan on leveraging my coaching skills in my role as the Head of Learning & Development, finding ways to incorporate coaching into our learning and leadership development programs, coaching other coaches and coaching individuals. Beyond that, I hope to continue to practice coaching so that in the future this can transition into a full time role either within an organization or independently.

”

NATHAN JOHNSTON

Educational Leadership Coach, UNITED STATES



View Portfolio:
[Coach/Nathan-Johnston](#)

I will be using what I have learned to help other teachers, leaders, and non-traditional learners discover their authentic voice and vision for improving the quality of life in their work and education settings.

”

MINPREET JONGKEES

Education Support Coach, AUSTRALIA



I am doing further studies in Education Support, so that I can become an Education Support Coach. I feel so fortunate to be able to combine two areas that bring me joy and immense satisfaction.

”

View Portfolio:
[Coach/Minpreet-Jongkees](#)

THEANO KALAVANA

Business Coach, CYPRUS



I plan to coach and help people to make the shifts THEY want! I am passionate about the people side of the business. I have background in Psychology of Motivation, communication skills and self-management for goal accomplishment. I come from the very challenging health sector, sometimes involving difficult conversations and I have experienced both public and private sectors.

”

View Portfolio:
[Coach/Theano-Kalavana](#)

DINA KASSYMBEKOVA

Life Coach, MACEDONIA



ICA gave me an opportunity to connect to like-minded people. I met some wonderful peers who helped me go through the training, finish the program and start building my own business. They helped me enjoy the process and grow as a person and as a coach. I'm so grateful and hope these connections will stay with me for many years.

”

View Portfolio:

[Coach/Dina-Kassymbekova](#)

SHANNON KIPRICH

Expat Coach, ESTONIA



I plan to use my coaching skills to help women journey through their lives and return to JOY. To me this is an important journey so that our lives ripple and impact others in a positive way. In life we find ourselves in situations that hide the joy which is our foundational point. It is getting back to joy that I want to help others achieve.

”

View Portfolio:

[Coach/Shannon-Kiprich](#)

KATHARINA VON KNOBLOCH

Expat Partner Coach, UNITED STATES



I am empowering Expat Partners in finding their professional identity abroad. I am an advocate for new storytelling in the field of expatriate management.

”

View Portfolio:

Coach/Katharina-Von Knobloch

MIHOKO KOBAYASHI

Leadership Coach, JAPAN



My greatest assets are my peers who encourage and motivate me toward my progress of study and also empowered me by sharing my positive points as a coach. I am really grateful to meet them. I will use my learning at ICA within my daily corporate life. I am working in a multi-cultural environment with a lot of diversity. I believe my coaching skills will be a good caliber to connect people toward reaching the common goal.

”

View Portfolio:

Coach/Mihoko-Kobayashi

JESSICA KOSINE

Life Coach, UNITED STATES



I have started a part time coaching business and plan to go full time once I have enough clients coming in consistently. I work with individuals who have gone through some type of adversity in life and are ready to discover who they are, find their purpose, and love themselves unconditionally.

”

View Portfolio:

[Coach/Jessica-Kosine](#)

IVANA KRCIVOJ

Life Coach, CROATIA



Choosing ICA was the best decision I made in life. So many memorable moments and wonderful people I have met. Through Mentor and Observed coaching classes I have experienced so many breakthroughs and realizations. And when I think of Teleclasses - those were so amazing. Thank you, ICA Team, for changing my life in the best possible way! For me coaching is more than just a profession. It is a life calling.

”

View Portfolio:

[Coach/Ivana-Krcivoj](#)

THIERRY LACARNE

Executive Coach, HONG KONG



View Portfolio:
Coach/Thierry-Lacarne

The people diversity and trainers professionalism. If I have to pick a "discovery moment" it was during a class dedicated to "Responsibility vs Blame", one sentence more precisely: "if you continuously blame others and throw responsibility on them, you turn your back to reality and as consequence you lose contact and get dis-empowered. I will use coaching as an additional service to clients with whom I am engaged in organizational development projects."

PRIYA LAKSHMI

Leadership and Life Coach, BAHRAIN



View Portfolio:
Coach/Priya-Lakshmi

My entire one-year journey with ICA was memorable. The enthusiasm with which I joined and started my first class remained and still continues. The classes were so interesting that I remained motivated through out! It was even more interesting and challenging to attend the classes with the 2 year old next me . I found a purpose for my life with coaching – How satisfying it feels when someone tells me they achieved happiness, because of me! Woow."

SOFIA LEONE

Life Coach for Young People, ITALY



View Portfolio:
[Coach/Sofia-Leone](#)

I plan to combine life coaching and English language materials based on building self esteem, I plan to use life coaching both inside and outside the language classroom to give young people permission to express themselves and a chance to be heard. This 'permission' empowers young people and in turn, leads to increased self esteem. If I can leave a teenager feeling better than when I met them then my work is done.

”

MIN LIU

Cross Culture Coach, Business Coach, CHINA



View Portfolio:
[Coach/Min-Liu](#)

My most memorable moment of training with ICA is that every time I went to class, I always walk away with new perspective of learning regardless of how long I have been with the program! Literally, I was able to pick up something new to learn about and reflect on in each class! The variety of learning materials from both ICA's module and forum shared by the community also helped me so much in understanding how coaching works in practice.

”

DAVID LONG

Leadership/Executive Coach, UNITED STATES



My most memorable moment was the realization that coaching was creating new neural pathways for being free from judgment and needing to provide answers and making a turn from a lifetime of answers to curiosity.

”

View Portfolio:
[Coach/David-Long](#)

LEA WEYERMANN LOZAR

Business Coach, SWITZERLAND



There were actually many, from numerous aha moments, self development, sticking to the plans and goals when having a peer coach as my accountability partner. But there was one event that really stuck with me and I made a "breakthrough" as a coach. In one of the mentor coaching sessions my client became very emotional, she really opened up and let everything out, and I was able to help her release all the pressure and tension she was feeling. That really showed how powerful coaching is!

”

View Portfolio:
[Coach/Lea-Weyermann Lozar](#)

YUN JU RUBY MA

Life Purpose Coach, TAIWAN



I plan to use coaching both in my existing teaching environment and in other settings, partnering with my own company GoldenUp and apply for coaching opportunities potentially with other platforms. I would like to also establish my own coaching audience, later establish my own brand and platform offering coaching to more in need.

”

View Portfolio:
[Coach/Yun Ju Ruby-Ma](#)

MERETE MACE

Trauma Recovery Coach, UNITED STATES



I'm blending ICF coaching with trauma recovery coaching, to create the kind of coaching that will best support people with past trauma in their lives in finding their own way to living full, free and satisfying lives.

”

View Portfolio:
[Coach/Merete-Mace](#)

MARY KATHRYN MARCOM

Life Coach, UNITED STATES

”



I plan to work in Communications as well as offering Grief Coaching and Caregiver Support both individually and in groups as well as in my church.

View Portfolio:

[Coach/Mary-Kathryn-Marcom](#)

MARIA MARGARIT

Spiritual Coach, ROMANIA

”



My most memorable moment was the face to face meetings we had with our Balkan group and the Zoom classes were always inspirational. Hopefully this will be my new career!

View Portfolio:

[Coach/Maria-Margarit](#)

MARIA MARTINS

Life Coach, COSTA RICA



My journey was amazing. All teachers and mentors from whom I have learned a process that I truly believe and my peers that together we supported each other.

”

View Portfolio:

Coach/Maria-Martins

MARA MASI

Public Administration, ITALY



My memorable moment is my first mentor coaching. I will use coaching in my job as public officer in a Municipality

”

View Portfolio:

Coach/Mara-Masi

AMAL MASSIS

Life Coach, PALESTINIAN TERRITORIES



When I found that the content of the training course resonated a lot with me. I plan to use my coaching skills firstly with my close friends and work and then I will take up coaching as a profession.

”

View Portfolio:
[Coach/Amal-Massis](#)

HALINA MATSARSKAYA

Leadership Coach, UNITED STATES



My memorable moment:

ICA community is simply my crowd - we speak different languages, but we are true soulmates here! The friendship I have made while working with my peers is timeless. What's more, the ICA's teachers' wisdom and the learning resources we are privileged to have access to are priceless. I am so excited to launch my own coaching practice with the Leadership Presence and Confidence focus.

”

View Portfolio:
[Coach/Halina-Matsarskaya](#)

GEMMA MCFALL

Expat Coach, SRI LANKA



View Portfolio:
[Coach/Gemma-McFall](#)

I will continue to work with Expat women. I love helping them to discover and leverage their strengths as well as work with deep beliefs. My perfect clients are ambitious Expat women, either working or supporting their partner on a posting. Expat life is full of change making it easy to put your family and posting before yourself. I help women to find their identity again and live their best Expat life. Coaching by Curious Monkey is my business in a box that will travel the world with me.

”

DELORES MCWILLIAM

Christian Life Coach, CANADA



View Portfolio:
[Coach/Delores-McWilliam](#)

The mentor coaching sessions were fantastic. As a mentor coach, I was able to learn and then exercise my skills under great instructors and as a client, I had many, many moments of incredible self-awareness that I have used to better my future. ICA training is an excellent program to become a professional coach and I am very glad I chose to enroll.

”

KATIA MELAZZI

Executive & Leadership Coach, SINGAPORE



View Portfolio:
[Coach/Katia-Melazzi](#)

There were several memorable moments along this journey. The most remarkable ones as follow:

- 1- my trial class when I immediately realised this program was exactly what I was looking for, and
- 2- my first mentor coaching class as a coach when the trainer told me that one of the most powerful questions a coach can ask is "what else?".

”

RICCARDO MEREU

Business Coach & Career Change, ITALY



View Portfolio:
[Coach/Riccardo-Mereu](#)

When I started my journey at ICA I thought I would use coaching to clarify personal doubts, and to acquire coaching skills to improve the outcome of my job as a manager. Eventually I understood that being a coach is something that I am really passionate about and now I just want to keep practicing, growing and learning in order to establish myself as a recognize independent professional coach.

”

FROSINA MITROVSKA

Personal Development Coach, NEATHERLANDS



View Portfolio:
[Coach/Frosina-Mitrovska](#)

Each and every class was a memorable moment during my training with ICA. What I loved and appreciated the most was the feeling of excitement before each class and most of all, having a sense of belonging to a community that is incredibly supportive, understanding and encouraging. Thank you, ICA, thank you to all the mentors and all wonderful people that were part of this invaluable learning life experience.

”

GARY MOORE

Agile & Life Coach, UNITED STATES



View Portfolio:
[Coach/Gary-Moore](#)

I am going to continue coaching Agile practitioners on an individual, team, leadership, and organizational level. In addition to this, I will coach individuals in personal and professional development, and influence other coaches to recognize the similarities between Agile values and ICF coaching values.

”

SHRUTI SRIDHAR MURTHY

Leadership Coach, INDIA



As a coach, I want to serve people who inspire me. These could be changemakers, entrepreneurs, small business owners, leaders in large corporates or those who lead without a title. I intend to be an enabling partner on their journey of personal leadership, one that's about leading the self while leading others.

”

View Portfolio:

[Coach/Shruti-Sridhar Murthy](#)

CATALINA NEACSU

Life Coach, ROMANIA



ICA training program was memorable as a whole. It helped me to become a better version of myself and gave me the tools and knowledge to help other people in search of a meaningful and happy life.

”

View Portfolio:

[Coach/Catalina-Neacsu](#)

CIPRIAN NEGURA

Executive Coach, ROMANIA



I am actively engaged in the local entrepreneurial ecosystems and will use coaching and mentoring within various innovation hubs and startups acceleration programs.

”

View Portfolio:
[Coach/Ciprian-Negura](#)

HELENA NORD

Life Coach, DENMARK



I would like to use my coaching skills as a professional coach when living abroad as an expat. Later I will also use my skills in my profession as a social worker.

”

View Portfolio:
[Coach/Helena-Nord](#)

AMANDA OLENDER

Life Coach, UNITED STATES



Coaching in a mentor coaching class for the first time. I was extremely terrified to do it, but felt so accomplished and proud after. I plan to open my own coaching practice. I would like to help women dealing with issues ranging from lack of confidence, motherhood, balancing work/family, relationships and perfection.

”

View Portfolio:

[Coach/Amanda-Olender](#)

DYMPHNA ORMOND

Executive Coach, IRELAND



There were many memorable moments. I really enjoyed a number of the classes particularly with the opportunity to share thoughts and ideas with other students. I found the mentor coaching invaluable. Connecting with students from different parts of the world was really interesting and demonstrates that coaching can and does cross cultural boundaries.

”

View Portfolio:

[Coach/Dymphna-Ormond](#)

NATALIA PLISZCZAK

Life Coach, SWITZERLAND



Mentor and observed coaching was absolutely great, although scary and all the other classes were such an incredible learning. I loved being a student at ICA.

”

View Portfolio:

[Coach/Natalia-Pliszczak](#)

JULIE PRESSNELL

Life & Financial Advisor Coach, UNITED STATES



I plan to continue to help financial advisors incorporating new team members and creating processes that allow them to focus on growing their business.

”

View Portfolio:

[Coach/Julie-Pressnell](#)

LASHLEY PULSIPHER

Leadership Coach, UNITED ARAB EMIRATES



I plan to use coaching to work with high performers, C-suite executives, founders, and professional athletes and people working toward those positions, to help them become great leaders by being more present in their journey on the way to greater success. High performers are not afraid of hard work. They are accustomed to setting and achieving goals.

”

View Portfolio:

[Coach/Lashley-Pulsipher](#)

NURHAIDA RAHIM

Life Coach, SINGAPORE



I plan to help individuals recover from burnout, regain their energy and passion back so they can lead healthier and happier lives.

”

View Portfolio:

[Coach/Nurhaida-Rahim](#)

SHRIPAD RANADE

Leadership Coach, INDIA



View Portfolio:
[Coach/Shripad-Ranade](#)

I am passionate about helping executives and business leaders to discover and reach their true potential. I plan to offer leadership coaching in conjunction with management consulting. I strive to understand not only the leader I am coaching, but also his/her role in the organisation, and the organisation itself. Often, because of my background, I have “been there” and can efficiently understand the context.

”

SIGRID RAPP

Career Coach, UNITED STATES



View Portfolio:
[Coach/Sigrid-Rapp](#)

I plan to be a Career Coach for women in career transition, as well as Leadership Development and Executive Coaching in my role with EY.

”

BRIDGETTE RAYNOLDS-PERRY

Transitional Coach, UNITED STATES



I plan to start my own coaching business, taking clients and running workshops. I also have aspirations of becoming a motivational speaker.

”

View Portfolio:

[Coach/Bridgette-Raynolds-Perry](#)

FLORENCE REISCH

Life Coach, UNITED ARAB EMIRATES



Living in Dubai, I will support women in transition, expat women and third culture kids. I will organize some presentation in International schools, multinational companies and expat communities. I will offer one to one session with Zoom and group presentation on sites. Also my coaching will be in three languages and due to my worldwide connection, I will coach women around the world.

”

View Portfolio:

[Coach/Florence-Reisch](#)

ISHA REUBEN-THEODORE

Business Coach, TRINIDAD AND TOBAGO



I plan to use my coaching skills as part of my blended coaching practice in small and medium sized businesses with focus on unlocking value through middle management leadership.



View Portfolio:

Coach/Isha-Reuben-Theodore

JAMES ROSSEAU

Executive Coach, UNITED STATES



I think it was during one of the sessions when I really put the combination of W.A.I.T. (Why Am I Talking) and the principle of understanding that we must coach the person not necessarily the problem they initially present. I watched the person I was coaching open up as I asked powerful questions, held back on my natural tendency to want to move to action planning and allowed the space to be there, even some awkward silence ... and the person had their moment of awareness.



View Portfolio:

Coach/James-Rosseau

BAR SCHWARTZ

Executive & Leadership Coach, GERMANY



I cherish the relationships I developed at ICA. I am grateful for the people I have met, the friendships I developed and the mentors who challenged me to discover who I am in this journey. I am using my coaching skills to support leaders to become more inclusive and bring their people along a change journey.

”

View Portfolio:
[Coach/Bar-Schwartz](#)

MICHAEL SEELMAN

Executive Coach, UNITED STATES



I now have a thriving full-time coaching, training, and inspirational speaking company. My motto is "Helping Eagles Soar!" I have coached approximately 100 leaders on five continents. In the near future, I plan to integrate digital coaching technologies into my coaching practice, apply for my PCC, and advance my leadership coaching abilities through my Ph.D. program study of organizational leadership.

”

View Portfolio:
[Coach/Michael-Seelman](#)

LAURA SHEEHAN

Career Coach, JAPAN



View Portfolio:
[Coach/Laura-Sheehan](#)

I LOVED the Observed Coaching sessions. Our group was fantastic and I was so appreciative of the truly safe space we created for each other. The trainers provided amazing feedback that really strengthened my coaching skills. I also really enjoyed the Oral Exam and having to read through a transcript of a 30-minute session. It was really powerful to listen back and simultaneously read how the conversation truly played out.

”

DEBORAH SHIPLEY

Career Coach, UNITED STATES



View Portfolio:
[Coach/Deborah-Shipley](#)

I loved Peer Coaching. Not only did I learn from ICA's great instructors, I learned so much from my peers. Thank you to all of you who put yourself out there and helped me along the journey! Couldn't have done this without you - nor have learned to be the coach I am today without learning from you what it means to be a client as well as coach.

”

SARAH SHOKRAIE

Personal Growth Coach, **CANADA**



My most memorable moment was the first time I coached in a Mentor Coaching class. It went horribly but I learned so much from it and, ironically, it gave me confidence. Through it, my client in the class is now a close friend of mine, and I'm so grateful to have faced my fear and to have made a friend in the process!

”

View Portfolio:
[Coach/Sarah-Shokraie](#)

JASRIN SINGH

Executive and Life Coach, **SINGAPORE**



My most memorable moment was during Observed Coaching sessions where I saw first hand, the excellence and intuitive ability of the ICA teachers and Coaches. It showed me where there was space for me to grow, and also where I already was doing quite well.

”

View Portfolio:
[Coach/Jasrin-Singh](#)

JESSICA SOFTCHECK

Goal Coach, UNITED STATES



I plan on coaching through the use of both group workshops and one on one coaching. I will use visualization and goal setting as tools through workshops. I plan on working with women ages 18-40.

”

View Portfolio:

Coach/Jessica-Softcheck

MARIA SPANOU

Life-Stage Coach, CYPRUS



The observed coaching was an awesome experience, it was where all the pieces of the puzzle came together to provide the biggest growth, however, my whole ICA journey has been memorable. It gave me the space to re-discover and redefine myself. Along the way I met people from across the globe who were eager to cheer me on. These turned into friendships that continue to date.

”

View Portfolio:

Coach/Maria-Spanou

ANGELICA SUZZI

Wellness Coach, ITALY



I plan to use coaching in my work with the body, to help people to turn tension into potentiality.

”

View Portfolio:
[Coach/Angelica-Suzzi](#)

KRIS TALYNN

Success Coach, UNITED STATES



I will use an integrated coaching model incorporated into my corporate training. My focus will be on success training and coaching, helping people do, be or have anything they want in life.

”

View Portfolio:
[Coach/Kris-Talynn](#)

TINEKE TAMMES

Career Coach, UNITED KINGDOM



I've had many memorable moments with ICA - it's been absolutely life-changing!

What stands out is Observed Coaching, with two key takeaways:

- Techniques on how to 'ground' myself before a session, and
- The key takeaway for me 'Every question should take the client forward'

”

View Portfolio:

Coach/Tineke-Tammes

RAMESH TARANI

Life & Career Coach, CHINA



Help individuals with a coaching approach that goes beyond goal setting to create powerful perspective shifts. By assessing their personal and/or professional situations with a greater degree of honesty, curiosity, empathy and compassion. They can then shape and create the future they want. While partnering them in a journey of discovery to realize their true potential through strengths-based empowerment.

”

View Portfolio:

Coach/Ramesh-Tarani

VIVIAN THEODOROPOULOU

No Limits Coach, FRANCE



View Portfolio:
[Coach/Vivian-
Theodoropoulou](#)

I have 2 most memorable moments with ICA: 1) discovering Visualisation and seeing how it changed my life completely. It unlocked my potential. Since that very first visualisation teleclass I decided to practice visualisation every morning, and this is now part of my No Limits way of being. 2) It is not a 'moment', but what is truly memorable for me is the warmth, dynamism and support of the ICA community.

”

PHOTINEE THOMSON

Executive Coach, UNITED STATES



View Portfolio:
[Coach/Photinee-Thomson](#)

I will coach executives in corporations so that they are role model leaders. Leaders have to have followers and therefore it is important that they are role models. Often executives have all the knowledge and skill they need but it is the emotional and cultural and adaptive intelligence that they need to develop to enable them to be resilient enough to thrive in today's challenging environment.

”

MARIE CAMILLE TOULENONDE

Career Transition & Expat Coach, THAILAND



I plan to use my coaching skills as a coach here in Bangkok and in Asia, as a Career transition coach and Expat coach.

”

View Portfolio:

[Coach/Marie Camille-Toulounde](#)

MARIA TSANGARIDOU

Confidence Coach, CYPRUS



I am going to use coaching to support people who want to find a solution in their problems, release stress, create better and quality relationships and that will help them identify their potentials in order to create the life they deserve.

”

View Portfolio:

[Coach/Maria-Tsangaridou](#)

ELIZABETH TULEJA

Global Leadership/Cross-Cultural Management, CHINA



I am creating an online selection of courses that can be combined with online coaching sessions around the topic of working with cultural differences (and similarities) for better personal and professional competence.



View Portfolio:
[Coach/Elizabeth-Tuleja](#)

VICTORIA VAKOVA

Career Coach, BULGARIA



My learning journey with ICA was amazing! I really enjoyed the autonomy each of us was given in structuring and following our own learning approach. What I found most valuable for me were both the challenge to reflect and draw upon my strengths & experience in distilling a unique coaching model, as well as the observed coaching experience where I could intensively practice and build upon very detailed and straightforward feedback on my performance.



View Portfolio:
[Coach/Victoria-Vakova](#)

CLOTILDE VASSAL

Transition and Expat Coach, **FRANCE**



I think that the observed coaching allowed me to make the most improvements. And I met so many nice people, other students with whom I became friends with. I really appreciate the dynamic community of ICA. I will set up my own business as a Transition and Expat Coach.

”

View Portfolio:
[Coach/Clotilde-Vassal](#)

SHAUNA VASSELL

Leadership and Career Coach, **CANADA**



Working with my peers! I have met some fantastic people from the program and have really benefited from their coaching and support throughout the time.

”

View Portfolio:
[Coach/Shaulna-Vassell](#)

GIULIA VILLIRILLI

Leadership/Transformational Coach, GERMANY



View Portfolio:
[Coach/Giulia-Villirilli](#)

My drive and passion for coaching led me to quit my job as account manager and start my own coaching business, combining it with my experience as expat and in the corporate world. My goal is to serve leaders and entrepreneurs to explore their potential and grow in their personal and professional journeys. I coach in Italian, English and German and mainly on-line, to be able to be present and available whenever needed.

”

DIANNE WARD

Executive Coach, UNITED STATES



View Portfolio:
[Coach/Dianne-Ward](#)

I have always wanted to have the skills to coach executives and leaders in my organization. I have recently been promoted to this role, and this program has given me the skills to confidently meet with senior level executives at my company and help them make transformational changes. And, these changes will enable them to role model behaviors for their leaders and teams. This program was critical to my success!

”

NANCY WATTIÉ

Life Performance Coach, FRANCE



I plan to help people to optimise sustained high performance at work and at home and to help my client to transform obstacles into long-term success.

”

View Portfolio:
Coach/Nancy-Wattié

ULLA WILLNER

Business and Personal Strategy Coach, LUXEMBURG



I plan to gradually start building up my online business from this day onwards, while still in my daytime job. Meanwhile I will also to work towards my ICF accreditation. My overall goal is to work with individuals and business owners or leaders to focus on discovering and unleashing potential, building resilience and designing their paths to success.

”

View Portfolio:
Coach/Ulla-Willner

DONNA JACKMAN WILSON

Life Coach for Women, TRIJNIDAD AND TOBAGO



My plan is to help women transition from who they are now to something or someone bigger! To help them make their dreams into plans and their plans into reality! To partner with them to RESTART those dreams which for whatever reasons, were buried, had to be buried, had to be given up - make the step forward to recapture what is rightfully theirs.

”

View Portfolio:

[Coach/Donna-Jackman Wilson](#)

JU YANG

Life Coach, SWITZERLAND



Peer Coaching mechanism is of great benefit to me. In three to five years I would like to make coaching an essential part of my professional activities.

”

View Portfolio:

[Coach/Ju-Yang](#)

HEBA ZAYAN

Youth life Coach, EGYPT



First time to be a coach, it was with Lorna as we were only 2 in a lab so she encouraged me to coach him as I didn't coach before and since then I had the courage to coach afterwards in the mentor classes.

”

View Portfolio:
[Coach/Heba-Zayan](#)

PEARL BU

Life Coach, Transformation Coach, CANADA



在手拉手的旅程中，穿越黑暗與光明，
回到自心本具的明光，
重建與成就。太多太多美好的畫面，感
謝，遇見ICA，真好！

”

View Portfolio:
[Coach/Pearl-Bu](#)

XIN CHEN

Business Coach、Life Coach, CHINA



就像我在论文里面说的，我想把教练技术运用在生活中，去影响更多的人，去帮助更多的人；工作中我也会运用到更多的 1on1 的 meeting 里面，去倾听，去陪伴，去认可，去实现，协助工作能有更好的发挥；在教育中，也会运用教练的力量去感受子女，去陪伴他们成长。

”

View Portfolio:
Coach/Xin-Chen

RENY HONG

职场教练，亲密关系教练，CHINA



对于教练，在工作中我会经常利用我的优势辅导员工走出困境，找寻到事务外在价值和内在价值观的联系。也可影响高层管理者如何真正倾听到员工，建立和员工的信任关系。

在生活中，影响周围家人，朋友保有对于生活充满积极正能量的生活态度。

自我也会经常通过自我的公众号来反思和感悟生活的礼物。

”

View Portfolio:
Coach/Reny-Hong

JOAL

Transformational Coach, CHINA



我会更多的关注转型期的群体：女性职涯转型，科研工作者向领导者转型，跨领域转型，文化冲突中的转型，健康问题转型，还有各种角色的转型，形象的转型等，转型不分年龄，转型无处不在……贡献我的教练职能；

我会持续在教练的路上精进，在每次转型探索中，让我们更加坚定，获得力量。

[View Portfolio:](#)
Coach/Joal

SOPHIE LIAO

Career Coach, CHINA



随着 ICA 教练学习的深入，我进一步明确了教练是我的职业梦想和追求。教练可以帮助他人更好地挖掘自身的潜力，看到未来无限的可能。我可以把教练技能运用在 Life Coaching & Leadership Coaching 这两个核心领域里。目前，我已经明确了作为专业教练/培训师的发展方向，以后，在教练过程中，我将进一步按照 ICF 的 11 项核心能力来要求自己，特别磨练积极聆听，有力的提问，启发觉察和促进行动这些方面的技能，成为一个专业的、传递正能量的教练。

[View Portfolio:](#)
Coach/Sophie-Liao

LIN LIN

高管教练 组织发展教练, CHINA



我计划将教练应用于组织发展之中，在企业团队提升方面发展。



View Portfolio:
Coach/Lin-Lin

SERENA WANG

Life Coach, CHINA



难忘的时刻太多太多了，如果说最难忘的，其实并不是教练的学习本身，而是在ICA这个大家庭里感受到的纯粹的，无条件的，老师和同学之间的相互支持和积极影响，这份连结来得太珍贵，以至于会有非常多的不舍。当然，教练的学习无疑对我自己是在设定学习预期时大大的出乎意料：一是教练本身的魅力和魔力，二是它为我打开了不仅仅是职业上多一个选项，更有深远意义的是打开了我这个人，让我看到，感受到了完全不同的世界，期待并向往持续的探索！



View Portfolio:
Coach/Serena-Wang

TRACY WU

Women's Empowerment Coach, CHINA



[View Portfolio:](#)
[Coach/Tracy-Wu](#)

创建自己的 coaching 品牌。Raising in love coaching 是针对女性精神成长的爱与支持。抱着通过 coaching session 给予新时代的女性支持的愿景。愿我们都能通过提升觉察、穿越障碍，而活得通透、轻盈、温和有力。只要是女性在（初入职场，职场晋升，初为人母，亲密关系，原生家庭，亲子沟通等）人生课题上遇到的困惑，都通过 LIFE COACHING 的方式进行梳理和支持。

”

KAREN WU

正念的教练状态, CHINA



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我计划将教练用于以下几个方面：
一、生活中的自我教练；
二、工作中的团队教练辅导；
三、职业教练的业务能力提升和延续。

”

YANHONG XIAO

Life Coach, CHINA



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[Coach/YanHong-Xiao](#)

ICA每一位学员都遵循自己的学习风格学习节奏；ICA每一位毕业学员都有自己独有的教练工具及教练模型；ICA的课堂每一课都深刻精彩不可复制；ICA每一位导师每时每刻都呈现开放自信灵活真诚坦率尊重认可；ICA的每一门课件都具高意识维度的能量。看见自己以及学友都在自己的历程中蜕变，太多欣喜太多感慨太多感恩。在市场喧嚣的背景下，ICA仍旧坚定初心不疾不徐，让一切就那么自然的变得美好，特别欣赏和热爱ICA，特别钦佩导师们。



ANNIE YANG

Transformational Coach, CHINA



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我希望能够专注于发展自己的利基，即职场新人的职业规划，以及职业规划职场人士（尤其是职场女性）的工作和生活平衡，以及事业转型，以公益教练为起点，不断为成为一名职业教练而努力。



ANGELA ZHANG

Career Coach, CHINA



我将在个人成长和组织发展中多一些应用教练技术和我的个人所长。给年轻人的成长提供加速帮助，给组织的发展和变革提供助力。



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[Coach/Angela-Zhang](#)

ELLEN ZHANG

Executive Coach, CHINA



在后期观察下教练的学习过程中，我得到了来自导师的鼓励与支持。这是我学习过程中，印象最深刻的体验。



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[Coach/Ellen-Zhang](#)

SUSAN ZHANG

Business Coach, CHINA



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[Coach/Susan-Zhang](#)

1. 在教练辅导课上每次被同学教练时的每一次心动和默默留下的泪水，感谢大家的支持，老师每次的点评，总是让我又一次地被深深的看见和觉察

2. 在学习过程中得到老师的陪伴，让我有信心勇敢地面对遇到的问题，在学习过程中，体验了我生命中一个非常重要的课题，这让我获得了更大的成长，也让我的教练状态大幅度地提升，真心感谢！

凡事发生必有恩典！



LEI ZHONG

Career Coach, CHINA



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[Coach/Lei-Zhong](#)

我会在工作中做教练型的领导，帮助公司建立教练文化。同时使用这些学习成果帮助更多的人发挥他们的潜力。

